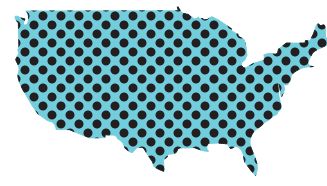


# KNOW YOUR SKIN

SKIN CANCER CAN BE EASILY DETECTED AND IS OFTEN CURABLE IF CAUGHT EARLY.



SKIN CANCER IS THE MOST COMMON FORM OF CANCER IN THE U.S.



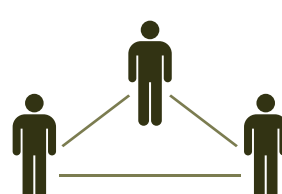
MORE THAN **3M** AMERICANS WILL BE DIAGNOSED WITH SKIN CANCER THIS YEAR

SKIN CANCER IS **3X** MORE COMMON IN MEN THAN WOMEN

## PREVENTION



## COMMON RISK FACTORS



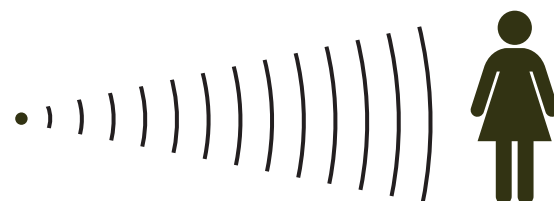
PERSONAL OR FAMILY HISTORY



ATYPICAL MOLE SYNDROME



INCREASED NUMBER OF MOLES



EXCESSIVE EXPOSURE TO ULTRAVIOLET RADIATION



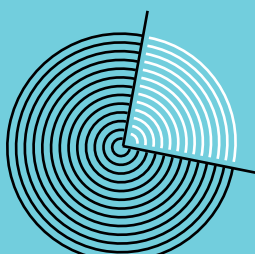
IMMUNOCOMPROMISED PATIENTS

## MELANOMA

KNOWN AS THE MOST LETHAL FORM OF SKIN CANCER



**ONE** AMERICAN DIES OF MELANOMA ALMOST **EVERY HOUR**



**75%** OF SKIN CANCER DEATHS ARE FROM MELANOMA

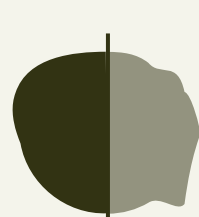
**ONE** BLISTERING SUNBURN IN CHILDHOOD MORE THAN **DOUBLES** CHANCE OF DEVELOPING MELANOMA **LATER** IN LIFE

## WHAT TO LOOK FOR

### REMEMBER YOUR ABCDEs

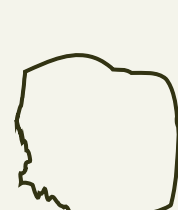
MELANOMA CAN BE DETECTED BY CHECKING YOUR SKIN REGULARLY FOR MOLES OR SKIN CHANGES THAT HAVE THE FOLLOWING CHARACTERISTICS:

**A**



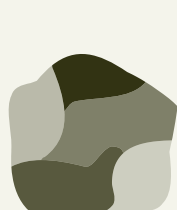
**ASYMMETRY**  
ONE HALF DOESN'T MATCH THE OTHER

**B**



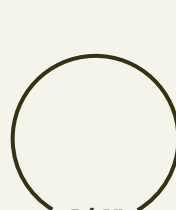
**BORDER**  
UNEVEN OR RAGGED BORDERS

**C**



**COLOR**  
MULTI-COLORED OR VARIATION IN COLOR

**D**



**DIAMETER**  
LARGER THAN 1/4 INCH

**E**



**EVOLVING**  
CHANGES IN SHAPE, SIZE OR COLOR

## GET SCREENED.

EARLY DETECTION SAVES LIVES.

WE CAN HELP.



**SCREENINGS**  
OFFERED THROUGHOUT SOUTHEAST LOUISIANA



**EDUCATION**  
SUN SAFETY AND AWARENESS MATERIALS



**RESOURCES**  
VISIT US ONLINE AT MARYBIRD.ORG

[MARYBIRD.ORG/SKIN](http://MARYBIRD.ORG/SKIN)

KNOWING YOUR SKIN CAN SAVE YOUR LIFE!

