

# Breathe Easier & GET SCREENED.



## LUNG CANCER SCREENING CLINIC

*Recognized as a Screening Center of  
Excellence by the Lung Cancer Alliance*



MARY BIRD PERKINS  
OUR LADY OF THE LAKE



# CANCER CENTER

**Your best chance at beating cancer is early detection along with a comprehensive cancer center that features a team of specialists working together for you.**

*The Lung Cancer Multidisciplinary Care Team at Mary Bird Perkins – Our Lady of the Lake Cancer Center brings together specialists to ensure highest quality, individualized care for every patient.*

*The Lung Team recommends lung cancer screenings for high-risk patients.*

## **HIGH RISK STATUS SCREENING RECOMMENDED FOR:**

- Age 55 – 77 years;
- Asymptomatic (no signs or symptoms of lung cancer);
- Tobacco smoking history of at least 30 pack-years (one pack-year = smoking one pack per day for one year; 1 pack = 20 cigarettes);
- Current smoker or one who has quit smoking within the last 15 years; and
- Receives a written order for LDCT lung cancer screening

## **POST SCREENING**

Upon scheduling your screening, you will be enrolled in the Lung Cancer Screening Clinic at Mary Bird Perkins – Our Lady of the Lake Cancer Center. By combining the precision of the CT scan and the multidisciplinary expertise available at the Lung Clinic, patients will be diagnosed accurately and effectively. This also means patients will know quickly after the screening if further follow-up is needed. Results will be provided to determine the appropriate next steps.

*\*Number of packs smoked per day multiplied by the number of years smoked.*

## FREQUENTLY ASKED QUESTIONS

### **How do I know if I am at risk for lung cancer?**

People with a history of cigarette smoking have a high risk of lung cancer. The more cigarettes you smoke per day and the earlier you started smoking, the greater your risk of possible lung cancer. High levels of pollution, radiation and asbestos exposure may also increase your risk.

### **What is the benefit of a lung cancer screening?**

One of the keys to more successful treatment of lung cancer is early detection of the disease. Often, lung cancer is detected in its later stages when it has compromised the function of one or more vital organs and has spread throughout the body.

### **How is the lung cancer screening test performed?**

The screening test is performed with a low-dose spiral (helical) CT. The CT scanner rotates around your body while you lie still on a table that passes through the center of the scanner. The CT scan provides detailed images of the inside of your body, generated by a computer that combines the x-ray images taken from different angles. The screening CT can be performed with a single short breath-hold and takes about 7-15 seconds.

### **Will my private insurance or healthcare plan pay for the cost of the screening?**

Due to new Centers for Medicare and Medicaid Services guidelines, Medicare and some private insurance companies are now covering low dose CT lung cancer screenings. When calling to inquire about our screening program or to schedule a screening, we will request your insurance information. You may also need to schedule a visit with your primary care doctor to receive a referral. The Cancer Center offers self-pay and financial assistance for qualifying individuals.

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# LUNG CANCER SCREENING CLINIC

4950 Essen Lane | Baton Rouge, LA 70809

Additional Lung Cancer Screening Location:  
1104 W. Highway 30 • Gonzales, LA

TO LEARN MORE, PLEASE CALL:  
**(225) 215-0200**



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